



Shinrin-Yoku

3rd & 4th Grade

Here at Red Butte Garden, we believe learning is fun and can happen anytime, anywhere. To help continue the fun at home, we've included an outline of the topics we'll study this week at camp as well as a list of additional activities, books, and other resources related to this week's theme. We hope you'll use this to engage with your camper and keep the learning process happening all summer long! Thanks for coming to Summer Camp, and we'll see you soon at the Garden!

CAMP THEME

Get ready to become one with nature. We'll be hiking through the natural areas of Red Butte, learning all about what nature offers us and what we can offer nature through food, crafts, games, and more! You'll fall in love with Earth all over again!

- **Monday** – Nature's Tie-Dye
- **Tuesday** – Nature's Bounty
- **Wednesday** – Nature Crafts
- **Thursday** – Caring for Nature
- **Friday** – Bring Nature Home

ACTIVITY IDEAS

- Make and enjoy a rainbow fruit salad with your camper!
<https://www.flatoutbread.com/recipes/rainbow-fruit-pizza/>
- Take your camper on a hike in one of our many beautiful canyons!
- Make flowers or dragonflies or both using maple seeds and twigs!
<http://www.filthwizardry.com/2012/10/autumn-woodland-treasure-sculpture.html>

ADDITIONAL RESOURCES

- *Botanicum: Welcome to the Museum* by Kathy Willis and Katie Scott
- *Foraging With Kids: 52 Wild and Free Edibles to Enjoy With Your Children* by Adele Nozedar